



Department of Psychology, Bethune College
in collaboration with Sayantani Adhikary Foundation
presents

IN SEARCH OF WELL-BEING

A MENTAL HEALTH AWARENESS PROGRAMME



LECTURE TOPIC

**Mental Health Kit :
Promoting Mental
Health through Skills**

RESOURCE PERSON :

Dr Sreemoyee Tarafder
(Clinical Psychologist and
Assistant Professor of
Department of
Psychology, West Bengal
State University)

ORGANIZERS

Dr. Nilanjana Bagchi
Dr. Mohua Chatterjee
Dr. Debadeepa Banerjee
Ms. Debanjana Basu

DATE : 9th December (Tuesday), 2025

VENUE : Centenary Hall

TIME : 12:30 pm onwards

DR RAJYASRI ROY
PRINCIPAL
BETHUNE COLLEGE

DR NILANJANA BAGCHI
HOD, PSYCHOLOGY,
BETHUNE COLLEGE